

European Comenius project

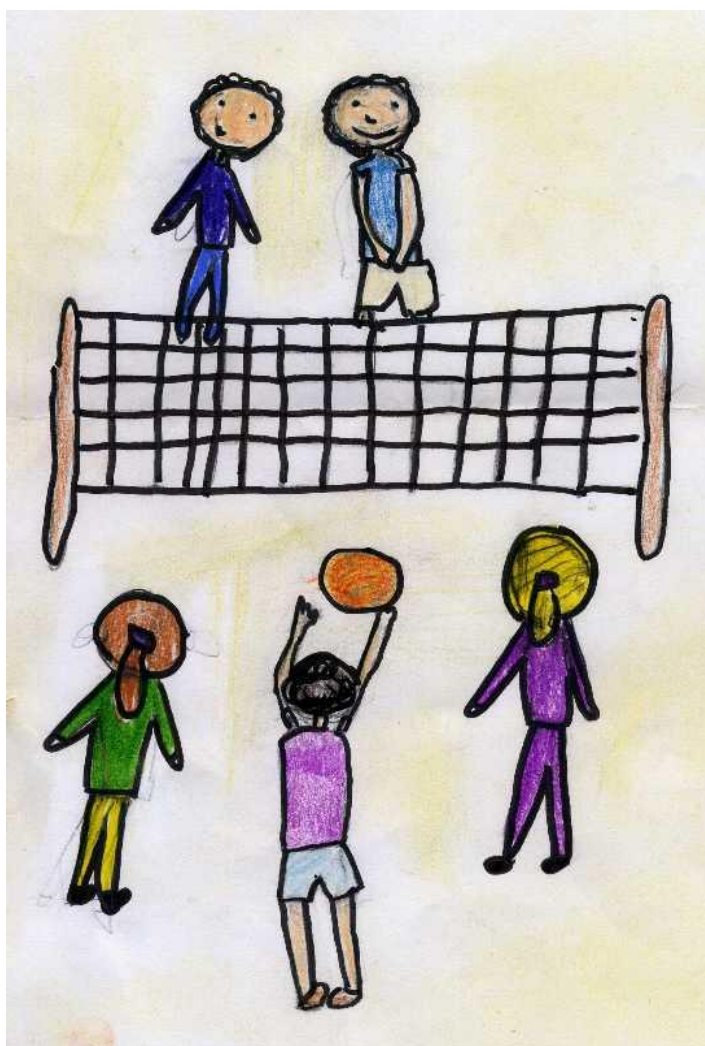
**“FOOD FOR THOUGHT”**



Education and Culture DG

Lifelong Learning Programme

# Sport across Europe



Barker's Lane  
Community School  
Wrexham - Wales



St Martins Garden  
Primary School  
Bath - England



Skolen Ved Bülowsvej  
Copenhagen - Denmark



Colegio Rincón  
Añoretas  
Malaga - Spain



Scuole primarie  
di Incisa in Val d'Arno  
e Rignano sull'Arno  
Firenze - Italy



Szkola Podstawowa  
Luzino - Poland



Scoala Matei Basarab  
Targoviste - Romania



Karşıyaka Yamanlar  
Okulu  
Izmir - Turkey



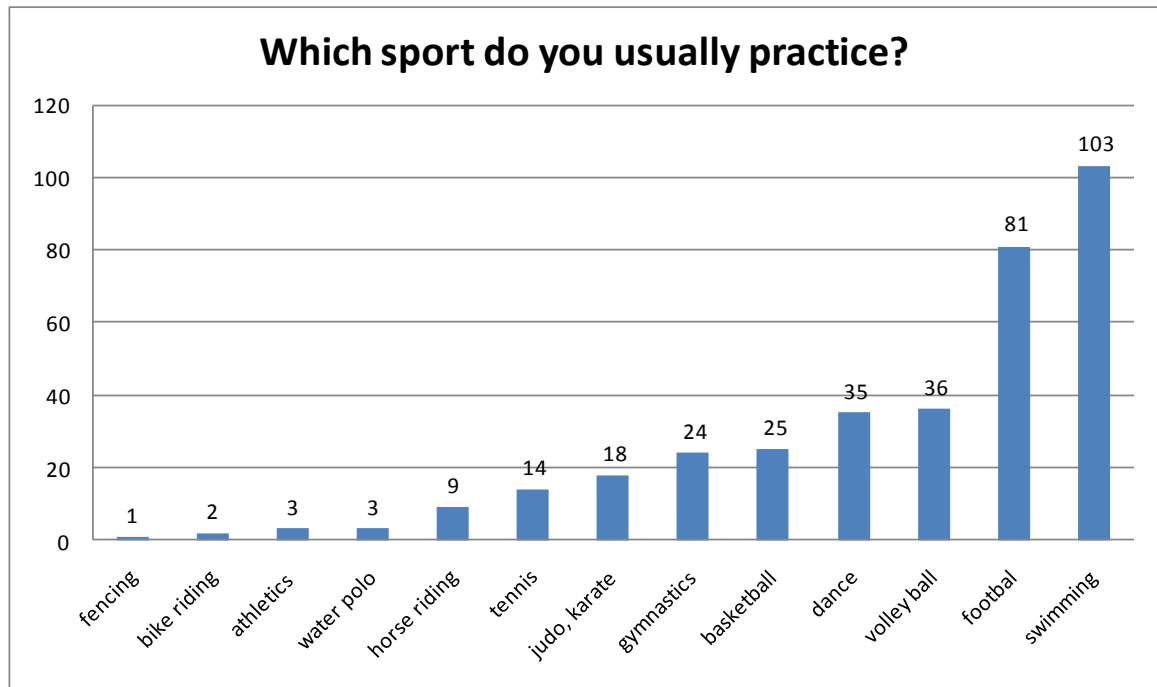
Osnovna šola  
Fram - Slovenia

## Sport across Europe - Italy



Interviewed pupils: 405

age: from 6 to 11 years old



Graph by classes 3 A – 3 B of Rignano and Incisa primary schools

### Our swimming pool

Just under our school there is the swimming pool. We go there to have swimming courses after the school, but sometimes we have short courses also during the school time, with our class. When we were in class 1 and we were six years old, we had a course to begin to know the water. We went in the water in couple, each of us had a more expert or sure friend who could help him or her to win the fear. We liked a lot the games: to bring a glass of water on a table, to be transported by the teachers staying relaxed, but, above all, to dip in a circle, also in the deep water!

*Classes 2 A – 2 B Rignano sull'Arno school*



### Sport day

At the end of the scholastic year we usually have the “Sport day” in the stadium of Rignano or Incisa. About 600 pupils of four different primary schools in our district (Rignano, Incisa, Troghi and Massa) are divided in teams, have competitions and have the chance to try several sports. The event is organized by our school with the cooperation of the sport clubs of our area: football, tennis, basket, volleyball,



basketball and bike riding.

The stadium is colored by our t-shirts and hats; we enjoy ourselves a lot!

We like tennis because the little balls jump everywhere while we try to catch them. When we play football it's very exciting making goals. In volleyball sometimes we wrong the change of positions, so we have to come back; in basketball it's enough difficult to throw the ball in the basket, but we try and try. We have also the opportunity to ride a real competition byke, for champions!

We like a lot this event because we can stay together, try different sports, meet new friends and understand that the most important thing isn't win but take part... even if last year Incisa school won!

*Classes 3 A – 3 B Incisa in Val d'Arno school*



### **Our favourite sports**

We like football because it's a team sport. We have trainings and matches. During the trainings we do many exercise to become agile and quick. Our team, named Rignanese, is very strong! The rules during the training are: listen to the coach, pass the ball to the other players, be a team, don't criticize our team mates, and, if someone is sad, help him.



Tennis is a very lively sport, we run and run with the racquet. During the trainings, we do many funny exercises and games.



Our basket team is called "geco" and when we begin and finish a match we shout: "Un due tre, Geco olè! (One, two, three, Geco olè)!". We have trainings twice a week and the match with other teams on Sunday. We won all the matches, except one, in our opinion because in that one the umpire wasn't right!

We have many friends in volleyball team and we enjoy a lot! When we go out from the lesson, we are hot and sweat. We have matches and cups. We apply ourselves a lot, the first time we were 4<sup>th</sup>, but last time we were the winners!



During dancing lessons we do many rhythmical and nice dances. Sometimes the lesson is tiring because we have to repeat the same dancing hundreds of times. Also the dresses that we put on during the shows are very nice! We do two performances and also show in the theatre in Florence and Naples.

*Classes 3 A – 3 B Rignano sull'Arno school*



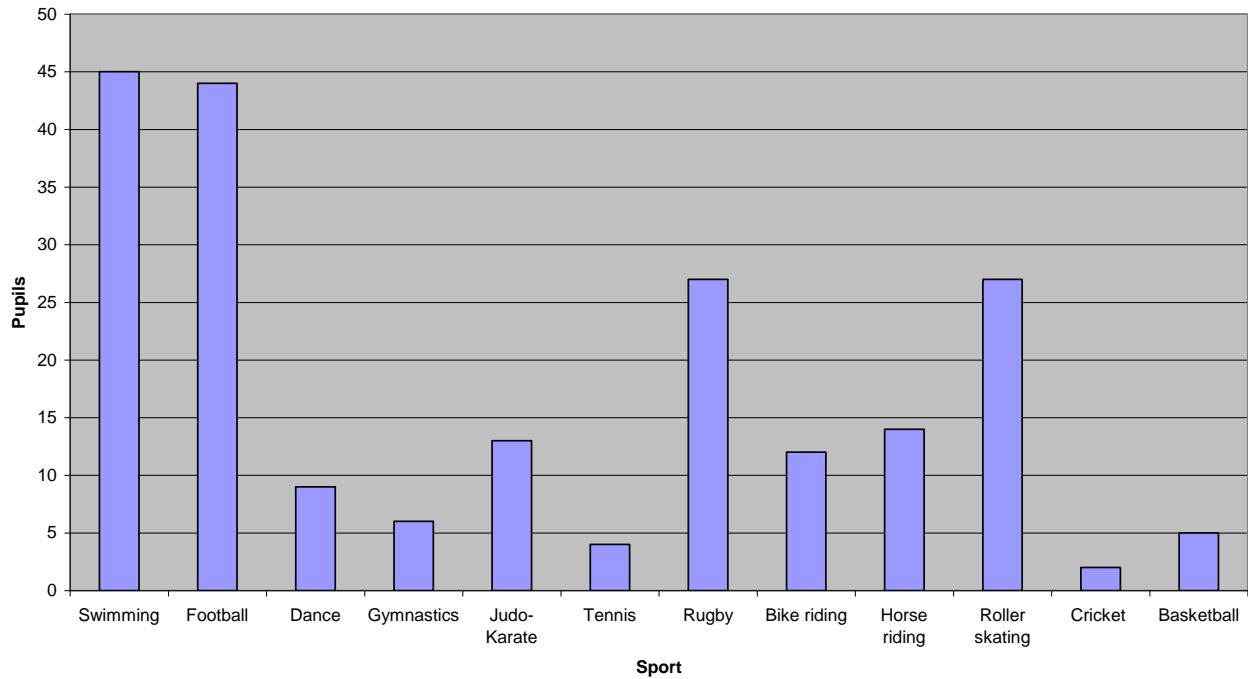
# Sport across Europe - England



Interviewed pupils: 208

age: from 4 to 11 years old

Favourite Sports in England



We enjoy taking part in dance competitions and learning new styles of dance.



We had judo instructors which come to teach us at school and at lunch time.



We play rugby.

We have lessons to teach us how to ride our bikes safely to school.



We have a basketball court and sometimes coaches teach us new skills. There is sometimes a club at lunch time too.



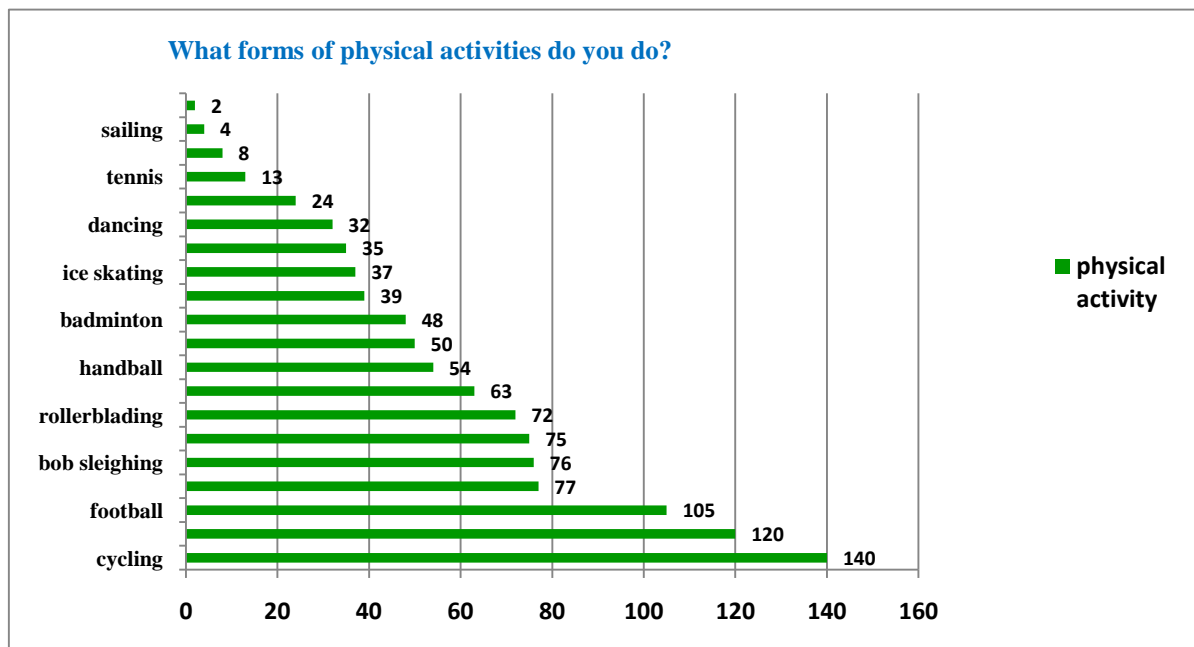
In the summer the whole school takes part in sports day. Everybody gets to race...even mums and dads. Some of the races are running while balancing an egg on a spoon, hopping in a sack, moving around obstacles... there are lots.

## Sport across Europe - Poland



Number of students interviewed: 188

Age : fro 10 to 12 years old



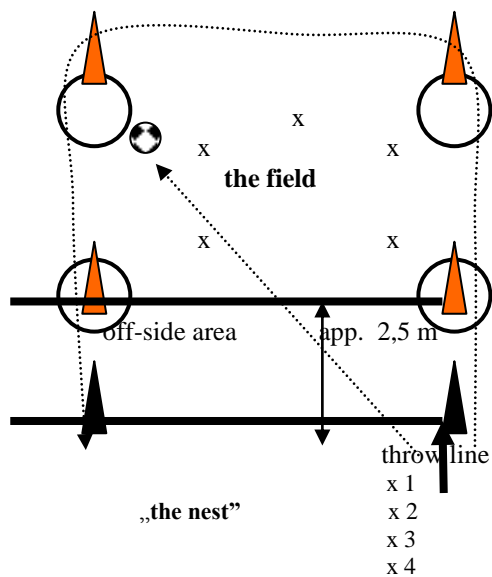
One of our favourite classes at school are Physical Education lessons. We play all sorts of recreational and team games. The most important of them are:

### Dodgeball

There are two teams. Each team chooses their “mother” (a captain) before beginning the game. This is a person who stands behind the opposing team’s field. The game involves “hitting” the opponents, i.e. throwing the ball at the other team’s players. The players (except for the “mother”) cannot leave their field. The mother catches the ball whenever it falls behind the field boundaries. Depending on the rules which are agreed upon, we either play “to hit” or for points. The former means that the player who is hit has to leave the field (hence, the team which loses all its players first are the losers). If the latter is the case, every time a player from the opposite team is hit, the team scores a point. The team who score the most points are the winners.



## Quadrant



Two teams compete in this game. The players of one of the teams stand within the field, and their opponents stand in line on the left of the “nest” facing the field, with each player being assigned a higher number. Each of the players in the “nest” should kick the ball in such a way as to have as much time as possible to run around the field on the outside of the cones (the base), for which he or she gets a point for his or her team. The game has two parts, each one lasting 10 minutes. Team A begins the first half, team B the other one. The team which scores the biggest number of points in the set time are the winners.

## Bowling

It is a game in which players have to knock down ten heavy bowls. The aim of each player is to knock down all the ten bowls with a ball. The game consists of ten rounds, and each round consists of two attempts. A player scores a point for each knocked-down bowl. The player to score the most points is the winner.



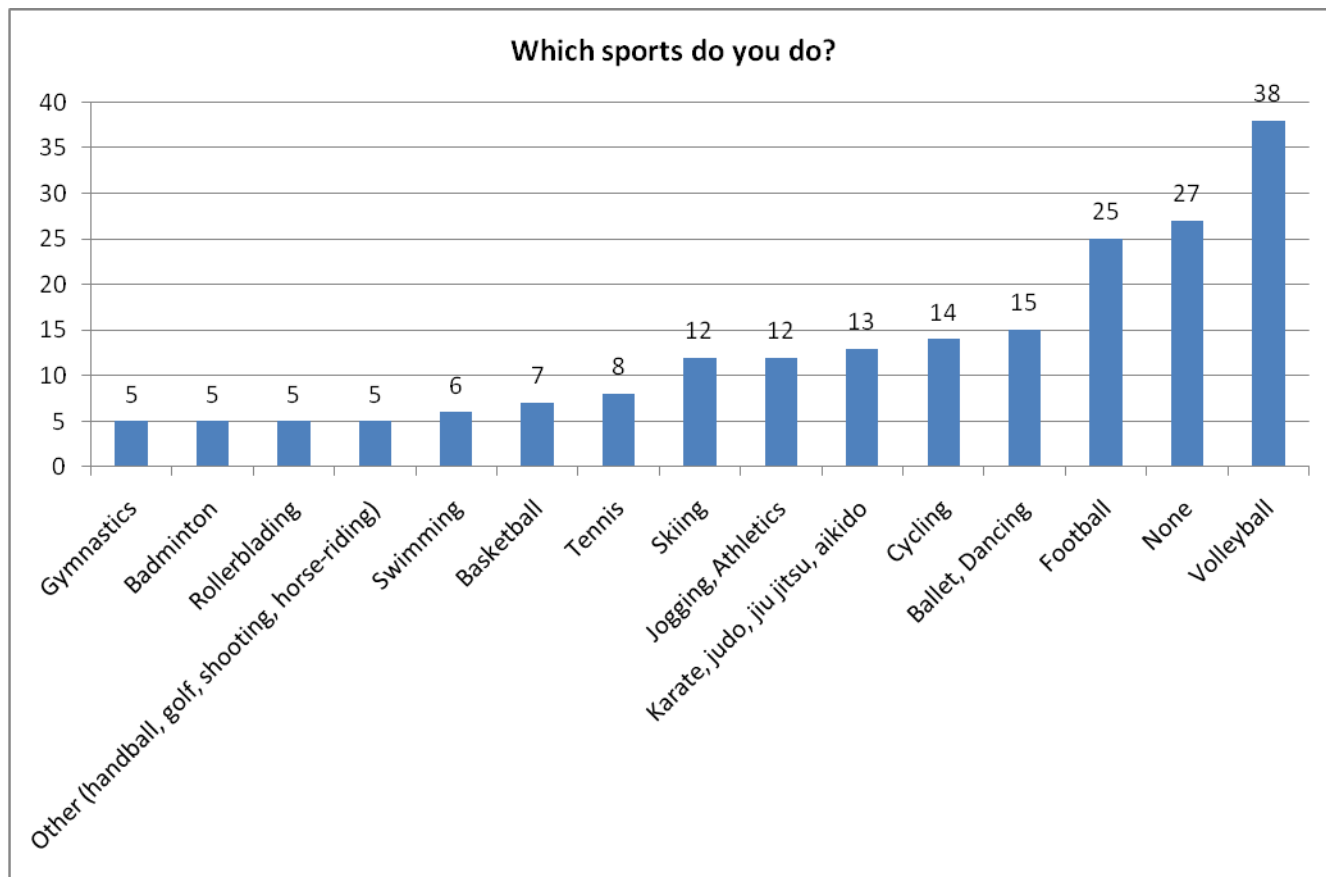


## Sport across Europe - Slovenia



Number of students interviewed: 200

Age : from 6 to 14 years old



### FAVOURITE SPORTS AT PRIMARY SCHOOL FRAM

Without doubt, number one sport at our school is volleyball. We have four teams: younger and older boys and girls respectively. Every year, all four teams win almost every important game not only in the region but also in Slovenia. We have won several cups as national, regional or school champions.





Located in the foothill of Pohorje, one of the very famous Slovenian skiing resorts, Fram is the right place for upbringing future skiers. Indeed, our students enjoy either slalom or downhill.



In the gym, students enjoy different activities, jogging, athletics, gymnastics or even dancing. Because our teachers care a lot about their physical health, we try to implement, especially in lower classes, additional lessons of P.E. And it works. Each year, more and more children decide to spend their free time on sport courts or in the gym.



Students can spend their time either in the gym or on one on three courts round the school. The best one is the one surrounded by forests, the brook and hills. Sports days are always fun. Our beautiful countryside gives us numerous options for relaxation and exercising.



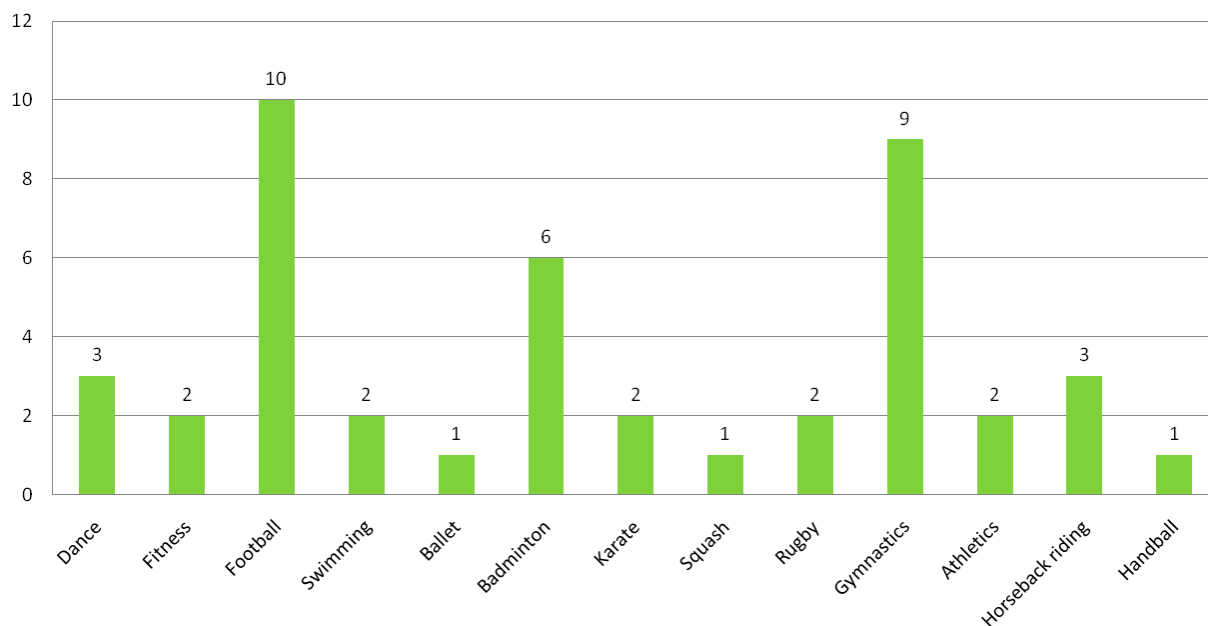
## Sport across Europe - Denmark



Number of students interviewed: 60

Age: from 11 to 12 years old

### Which sport do you usually practice?



We are Andrea and Liv, and we are 11 years old.  
We enjoy dancing a lot.

Dance lesson, we practice once a week it  
cost:150 euro for half a year.

We are running around in the room. Sometimes  
we also turn around in pirouettes and make some  
jumps. Afterwards we stretch out.

We stretch our arms into the air and move our  
legs.



We are starting the dance lesson by walking the dance slowly  
and also the new moves. After the practice we begin to dance.  
The dance is pretty cool and we're looking pretty cool too.

😊😊





My name is Emilia and I I LOVE gymnastics.

In gymnastics there are four diciplins: Gears as bar - beam – floor - horse

This is my team. On my team all girl are older than me! They are all really good! I am 11 years old, and the others are between 12 - 24 years old! They are the best DK team.



Here is a girl named Lærke. She is on the bar. She is a very good gymnast.

When you are on the bar, you must have some special kind of chalk on your hands.



Here is Micelle. She is on the beam, she is a very good gymnast



This is Tea. She is on the beam. Here she stands on her hands! She has got an amazing balance!



Here I am. I'm on the floor. It's a spring floor, not a plain floor. Here we make various projections!



Here I am again! I'm on my way to jump over the horse! It is a sort of plinth.



This is me on the bar! I stand on his hands! It is very fun to go to the gym, (I think in every accrue) To become a really good gymnast, you must be: flexible, a quick learner, brave and strong!



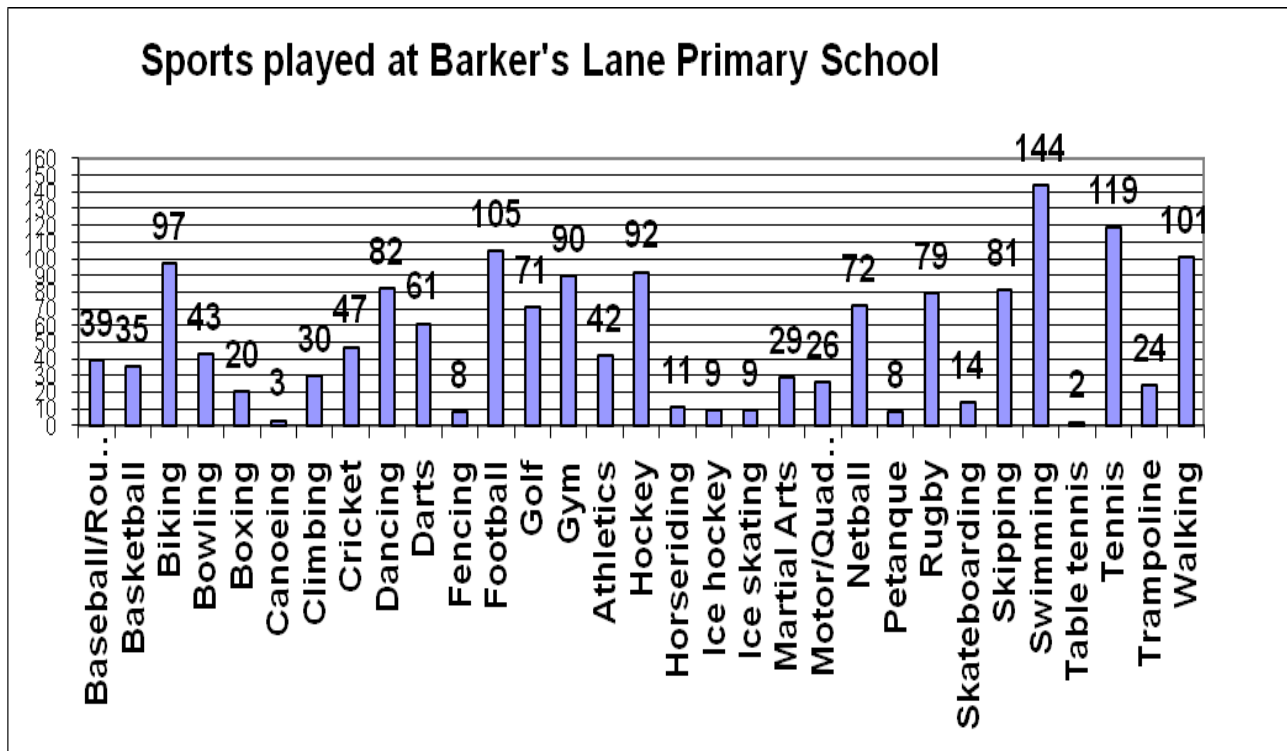
## Sport across Europe - Wales



Interviewed pupils: 193

Age: from 4 to 11 years old

Year 5 pupils interviewed all the pupils at Barker's Lane School, they recorded how many children play all the different types of sports. They produced a graph showing their results.



### Sport at Barker's Lane

PE Lessons include Dance, Gym, Hockey, Netball, Tennis, Football, Rugby, Rounders, Athletics, Cricket and Swimming.



On sports day the whole school take part in races and even a Giant Tug of war. Annually we hold the Acton Races, which is a cross country run that all of the junior children take part in. At the end medals are presented to the fastest boy and girl in each class.



The year 5&6 children stay for a week at Boreatton Park, which is an Outdoor Activity Centre, where they get to lots of things like Climbing, Abseiling, Quad biking, and Raft Building. It's an amazing week.



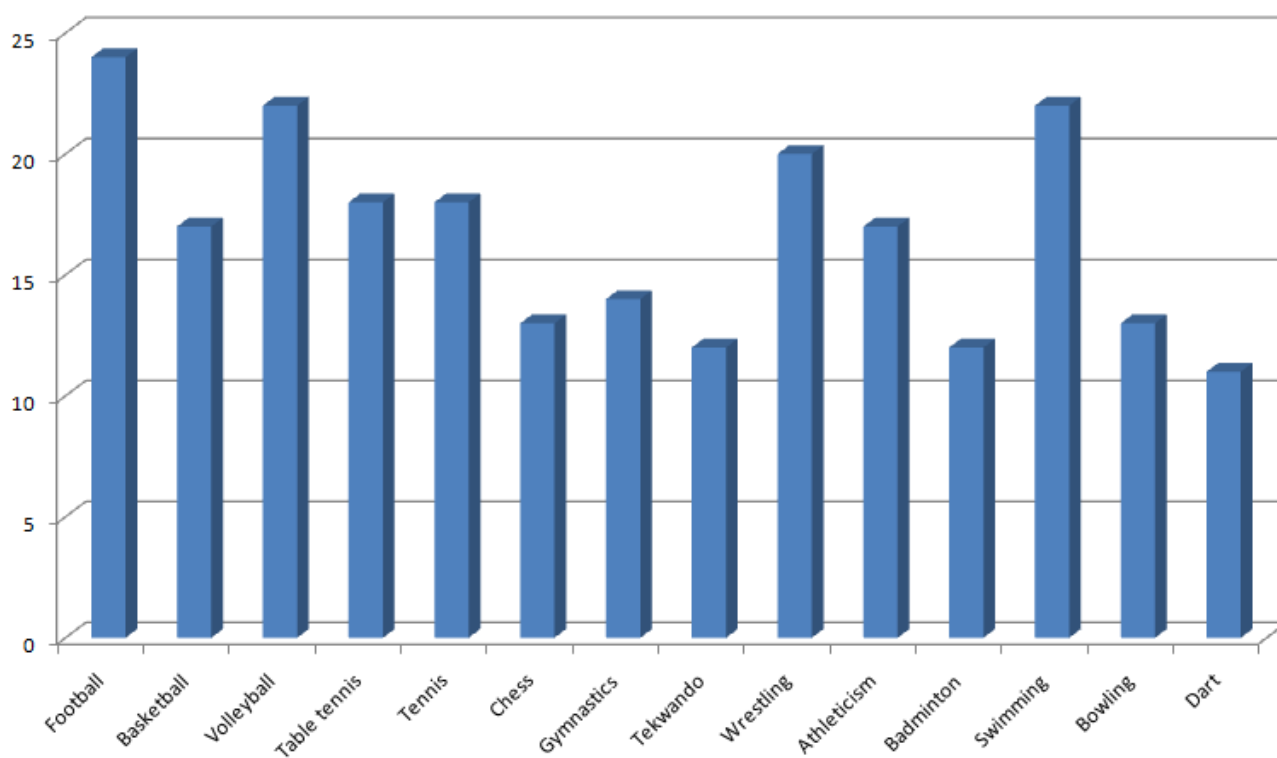
We also have school Football, Rugby and Netball teams, who regularly play matches against other schools in Wrexham. Last year the football team won the League.

## Sport across Europe - Turkey



Number of students interviewed: 233

Age: from 12 to 14 years old



Most of our students like and practice football. The most favorite sport in our school is football. We also have a school team. They attended different tournaments. They have two trainings with their coaches.

Students like playing basketball. They have trainings and basketball courses during the week. Our school has both inside and outside basketball and volleyball fields.







We have got very ambitious volleyball teams both in males and females. In males we had the first degree in Izmir and in the region. Most of our students will join to the national teams at their age groups.



Our wrestling team is also got very high degrees in the competitions. Wrestling is also a popular sport in Turkey.



Students like playing table tennis very much. Especially 12 year old runs to book the tables in each breaks.

They got really good degrees in Athleticism competitions.



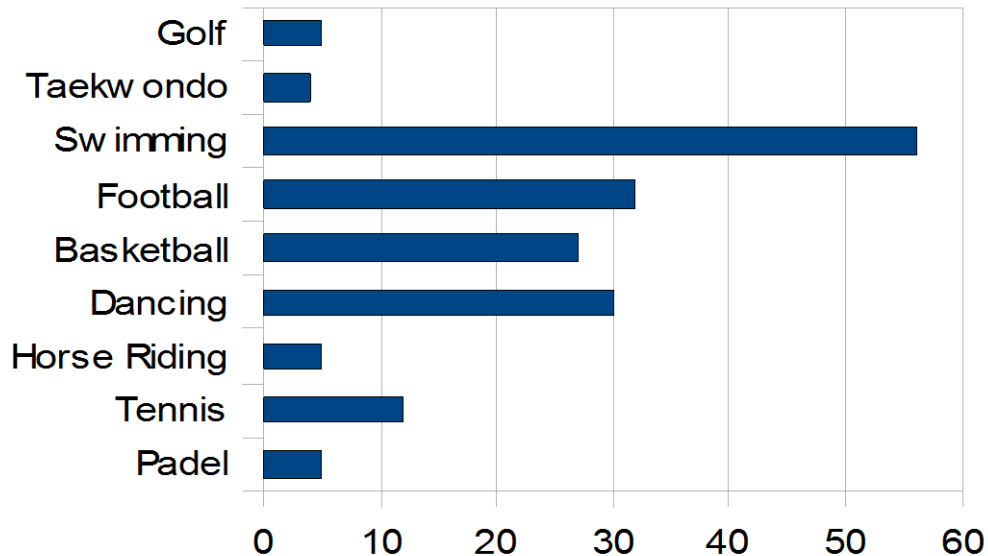
## Sport across Europe - Spain



### Which sport do you practice?

Number of students interviewed: 56

Age : 10 years old



In the survey we interviewed students from classes 5A, 5B and 5C and asked them what sport they practice. Of all the answers, swimming was the most popular. This is because all our students go swimming at school. Football, dancing and basketball were next most popular activities.



Here is the team of students who carried out the sports survey (Cristina, Margot and Pablo). Here they are busy at work, asking Julio about the sports he practices and writing down his answers.



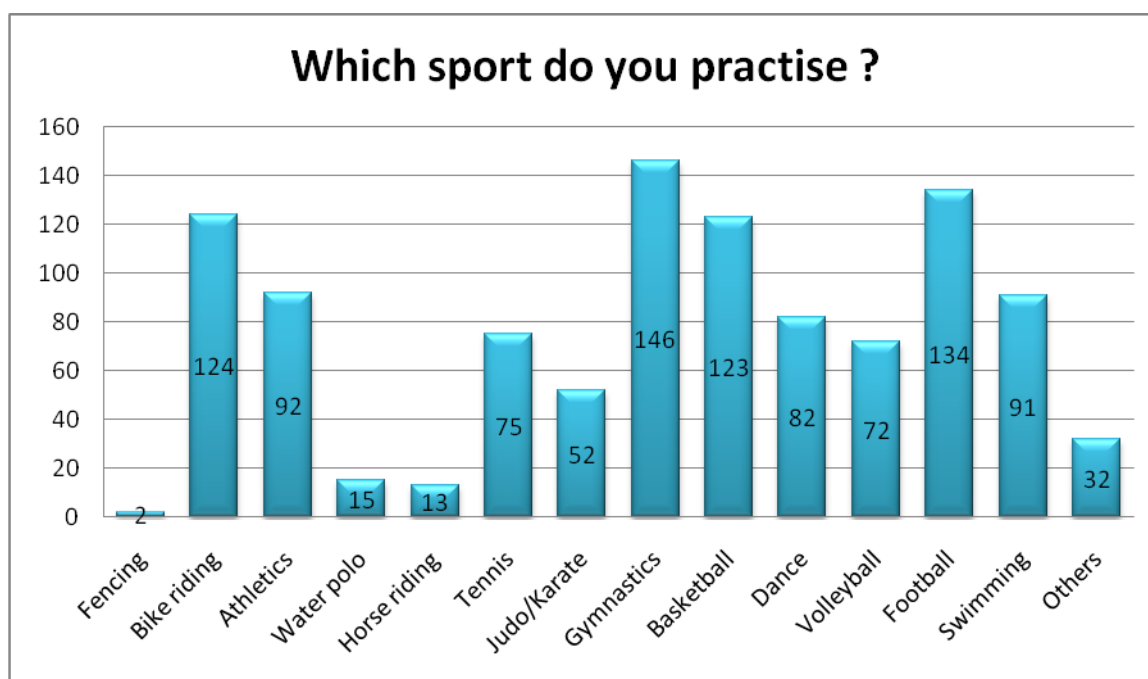
Antonio and Dani, students from 6B, worked together to take the results from the survey, put them on the computer and make a graph.

## Sport across Europe - Romania



Interviewed pupils: 225

Age: from 7 to 15 years old



### Our favourite sports

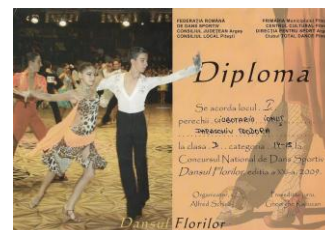
The children in our school like sports generally speaking. That's why they do not show their PE teacher a certificate saying they should not take part in these lessons. (In Romania each pupil having certain illness/disease can get a medical certificate allowing him/her not to take part in PE lessons. Some lazy pupils do get this certificates at times, but not our school pupils.)

We practise different sports during our PE classes at school. Each class, from 1st (6 years old) to 8th (15 years old), has 2 PE lessons every week. During these lessons we practise athletics, gymnastics, basketball, volleyball, football, handball.

Some of us go to different sports clubs or sports schools in our town to train in football, voleyball, handball, football, judo/karate. Some pupils from our school also go to Ploiești and/or Pitești (these are 2 neighbouring cities) to practise swimming, dancing or water polo. That's their way of spending their free time because they really love sports and would also like to become champions one day. There are pupils in our school who are already champions in what they do. Here are some examples:



Twins Bianca & Teodora Paraschiv and their partners, class 8 C



Dancing became their most important hobby. They spend a lot of time training and taking part in big competitions.

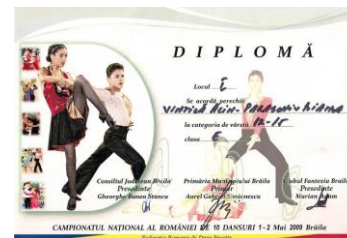




Their family supports them a lot in what they like and have to do for this hobby. In addition, it is not at all cheap to travel for competitions, to buy the needed outfits or to pay for the dance classes.



Andreea Georgescu and her partner, class 3 A



Dancing, judo and football seem to be the most loved and practised sports in our school taking into account the number of the champions from our school.



Erika Moise, Class 3 A, judo champion



Gabriel-Costinel Soare, Class 3 C